

Perfect holiday and New Year's Show!  
**LEADING SELF-HYPNOSIS EXPERT OFFERS SIMPLE  
SOLUTIONS TO SOOTHE YOUR MIND, BODY AND SPIRIT**  
--Solutions to problems like virility, weight loss, finances and more with  
'Suggestion Therapy'

- **Trouble in the bedroom? Want to improve your sex life?**
- **Finding it hard to stick to all those fad diets? Can't seem to stay at your ideal weight?**
- **Want to attract prosperity to gain financial success and shatter monetary limitations?**
- **Want to simply be happy and content in the New Year?**

Almost everyone will say yes to at least one of these questions but was never provided an answer until now. One woman has created a revolutionary program that has already changed thousands of people's lives, and she's on a mission to change thousands more.

Known as the "queen of visualization," radio and television personality, hypnotherapist, author and professional speaker, Pamela Harper plants seeds of self improvement enabling thousands to make healthy life style choices with her guided visualization sessions, '**Suggestion Therapy**'.

'**Suggestion Therapy**' combines relaxation and self-hypnosis to soothe your mind, body and spirit; setting the stage for permanent life changes. Harper guarantees she can elicit dramatic life changes in anyone through just 15 minutes a day of self-nurturing suggestions.

Harper's '**Suggestion Therapy**' accomplishes in hours what took months and years of traditional Western medicine and counseling sessions. Give your audiences the chance to start off the New Year right by closing the door to life long defeating beliefs and self-sabotaging behaviors and opening the door to positive permanent change.

Charismatic and entertaining, Harper can discuss:

- **How to do self-hypnosis**
- **What 'Suggestion Therapy' is and how it can help anyone**
- **How to use 'Suggestion Therapy' to get whatever you want**
- **How her personal experiences overcoming a dependency to drugs and an emotional breakdown led to her self-improvement system.**
- **Her personal experiences with helping people create permanent changes in their life**

A registered nurse, Pamela Harper is an expert in the field of mental and physical health and recovery. She has worked in leading psychiatric hospitals and chemical dependency units and spoken publicly for 20 years educating and motivating individuals, community groups and health professionals. She offers workshops on self-hypnosis, weight loss, smoking cessation, self motivation, pain and health management, painless childbirth and memory improvement. Her CD program, *Mental Magic* can be purchased at [www.pamelaharper.com](http://www.pamelaharper.com) or by calling toll free 1-856-5PAMELA.

Harper is a contributing author of the bestselling *Wake Up ... Live the Life You Love*; available in bookstores and online booksellers.

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